

Madness Explained
Psychosis and Human Nature
Richard P. Bentall

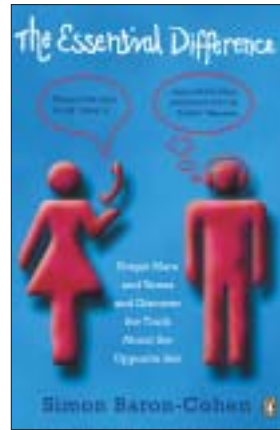
WITH A FOREWORD BY AARON T. BECK

'A radical new look at madness ... Bentall's approach gives all mental health professionals new reasons to listen to and talk to their patients' *Independent*

This groundbreaking work argues that we cannot define madness as an illness to be cured like any other; that labels such as 'schizophrenia' and 'manic depression' are meaningless, based on nineteenth-century classifications; and that experiences such as delusions and hearing voices are in fact exaggerations of the mental foibles to which we are all vulnerable.

We need, Bentall argues, a radically new way of thinking about psychiatric problems – one that does not reduce madness to brain chemistry, but understands and accepts it as part of human nature.

April 2004 • 0140275401
656 pages • **£10.99**



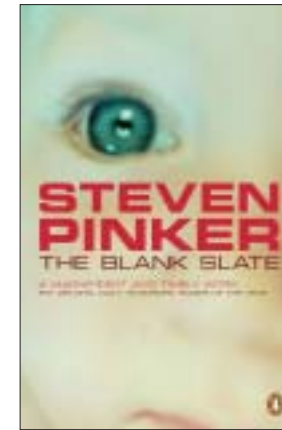
The Essential Difference
Men, Women and the Extreme Male Brain
Simon Baron-Cohen

'A fascinating, thought-provoking book' *Observer*

What *really* makes men and women different?

Here leading psychologist Simon Baron-Cohen confirms what most of us had suspected all along: that male and female brains are different. This groundbreaking and controversial study reveals the scientific evidence which proves that female-type brains are better at empathizing and communicating, while male brains are stronger at understanding and building systems. *The Essential Difference* also puts forward the compelling new theory that autism (and the related condition of Asperger's Syndrome) is actually an example of the extreme male brain.

March 2004 • 0141011017
288 pages • **£7.99**



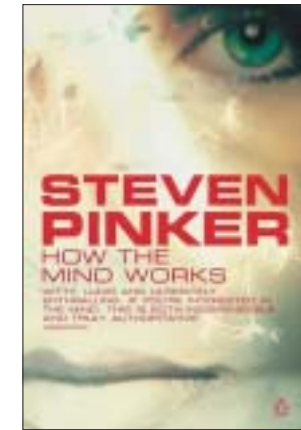
The Blank Slate
Steven Pinker

'An original and vital contribution to science and also a rattling good read' **Matt Ridley**, *Sunday Telegraph*

In the past century many people have assumed that we are shaped by our environment: a blank slate waiting to be inscribed by upbringing and culture, with innate abilities playing little part.

Steven Pinker shows that this view denies the heart of our being: human nature. We are prepared for sex, aggression and jealousy – and also love, compassion and reason. Violence is *not* just a product of society; male and female minds *are* different; the genes we give our children shape them more than our parenting practices. To acknowledge our nature, Pinker shows, is not to condone inequality or callousness, but ultimately to understand the very foundations of humanity.

June 2003 • 014027605X
528 pages • **£7.99**



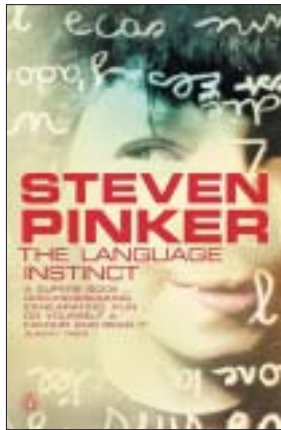
How the Mind Works
Steven Pinker

'Witty, lucid and ultimately enthralling. If you're interested in the mind, this is both indispensable and truly authoritative' **Robert McCrum**, *Observer*

'Why do memories fade? Why do we lose our tempers? Why do fools fall in love? Pinker's objective in this erudite account is to explore the nature and history of the human mind ... He explores computations and evolutions, and then considers how the mind lets us "see, think, feel, interact, and pursue higher callings like art, religion and philosophy"' **Cheryl Youson**, *Sunday Times*

Reissue June 2003 • 0140244913
672 pages • **£8.99**





The Language Instinct

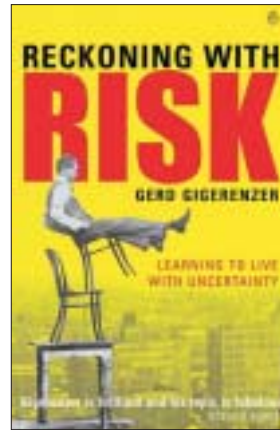
Steven Pinker

'A superb book ... groundbreaking, exhilarating, fun ... do yourself a favour and read it' **John Gribbin**, *Sunday Times*

'Illuminates every facet of human language: its biological origin, its uniqueness to humanity, its acquisition by children, its grammatical structure, the production and perception of speech, the pathology of language disorders and the unstoppable evolution of languages and dialects' **Christopher Longuet-Higgins**, *Nature*

'Reading Steven Pinker's book is one of the biggest favours I've ever done my brain'
Richard Dawkins

Reissue June 2003 • 0140175296
496 pages • **£8.99**



Reckoning with Risk

Learning to Live with Uncertainty

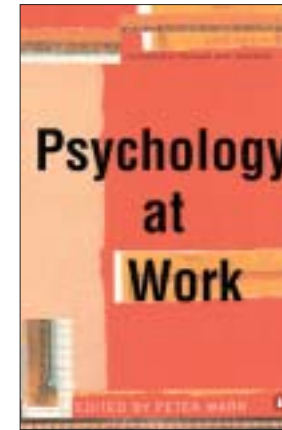
Gerd Gigerenzer

'Gigerenzer is brilliant and his topic is fabulous' **Steven Pinker**

However much we want certainty in our lives, it feels as if we live in an uncertain and dangerous world. But are we guilty of wildly exaggerating the chances of some unwanted event happening to us? Are we misled by our ignorance of the reality of risk?

Far too many of us, argues Gerd Gigerenzer, are hampered by our own innumeracy, while statistics are often presented to us in highly confusing ways. This essential book illustrates how, with a few simple techniques, we can learn to uncloud our minds, demand helpfully presented information and turn ignorance into insight.

2003 • 0140297863
320 pages • **£8.99**



Psychology at Work

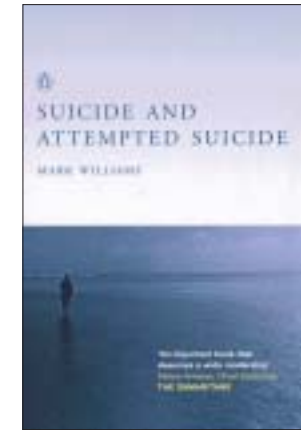
Edited by Peter B. Warr

FIFTH EDITION

Peter Warr's pioneering book has shown how applied psychology can greatly improve our working lives. Now fully revised and updated, this new edition of *Psychology at Work* encompasses recent changes in the field of psychology, in working practices and society as a whole.

Written by authors experienced and influential in their fields, this collection of essays reflects the latest research in personnel selection, training, leadership, job-related stress, corporate culture and implementing change. It also introduces topics that are new to the field: the role of emotions at work, uses of the internet, effects of human resource management practice, working through virtual teams and safety from a psychological perspective. Relevant website addresses are given throughout.

2002 • 0141000104
480 pages • **£14.99**



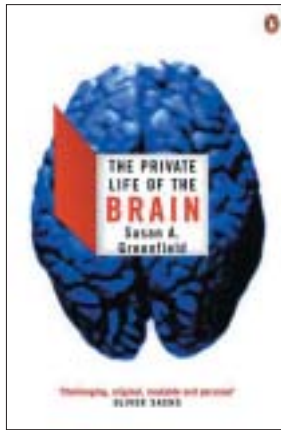
Suicide and Attempted Suicide

Understanding the Cry of Pain

Mark Williams

Why do people kill themselves? Who is most likely to attempt suicide? How can suicidal behaviour be prevented? Mark Williams answers all these questions in this informative, clearly written book on the issue. This edition has been fully revised with all the latest statistics. Williams also includes new material on the way suicidal behaviour is affected by the media and the problem of suicide in rural areas, particularly farming communities.

2002 • 0141005610
272 pages • **£9.99**



The Private Life of the Brain

Susan A. Greenfield

What is happening in the brain when we drink too much alcohol, get high on Ecstasy or experience road rage?

Emotion, says internationally acclaimed neuroscientist Susan Greenfield, is the building block of consciousness. As our minds develop we create a personalized inner world based on our experiences. But during periods of intense emotion, such as anger, fear or euphoria, we can literally lose our mind, returning to the mental state we experienced as infants. Challenging many preconceived notions, Susan Greenfield's groundbreaking book seeks to answer one of science's most enduring mysteries: how our unique sense of self is created.

2002 • 0141007206
272 pages • £7.99



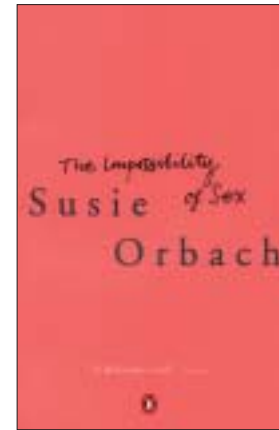
Consciousness

How Matter Becomes Imagination

Gerald M. Edelman and Giulio Tononi

Our inner world is private, indivisible and immensely varied. Will we ever understand how it arises from the underlying activity in our brains? Yes, argue Nobel Prize winner Gerald M. Edelman and his colleague Giulio Tononi, provided we abandon the idea that brains are like computers and instead examine how they have evolved over millennia and constantly evolve in the course of our lives. The authors describe a 'dynamic core' in the brain which is necessary for consciousness. We are beginning to elucidate the role of this core in perception, language, memory and self-awareness. Although our subjective states may remain mysterious, scientific investigation is now providing valuable insights into their origins. The key results are set out in this enthralling book.

2001 • 0140281479
288 pages • £9.99



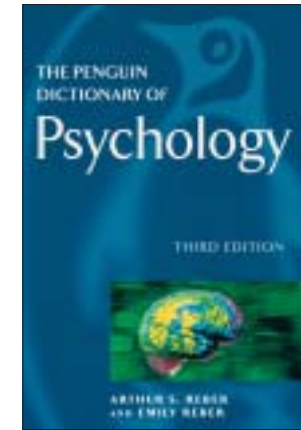
The Impossibility of Sex

Susie Orbach

Through psychotherapy we come to a better understanding of human emotions. This fascinating new book opens the door of the therapy room to reveal the inner workings of the relationship between patient and therapist.

In these intriguing accounts, Susie Orbach, the celebrated author of *Fat is a Feminist Issue* presents us with six imaginary clinical cases, including Adam, the serial seducer, Belle, the compulsive liar and Joanne, the self-mutilator. Through them, Orbach demonstrates the way the therapist analyses her own feelings as well of those of the other person, making the therapy relationship a uniquely special place in which discoveries can be made, which enable the patient to change.

2000 • 0140263896
224 pages • £7.99



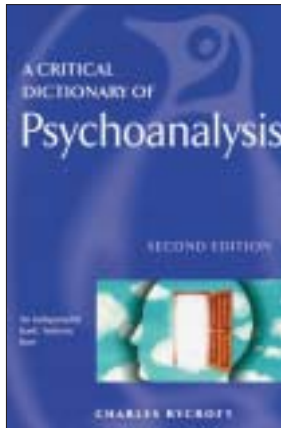
The Penguin Dictionary of Psychology

Arthur S. Reber and Emily Reber

THIRD EDITION

Completely revised and updated, this new edition of the best-selling *Penguin Dictionary of Psychology* explores the latest developments in psychology, psychiatry and related fields, including new material on neuroscience and social psychology.

2001 • 0140514511
864 pages • £9.99



A Critical Dictionary of Psychoanalysis

Charles Rycroft

SECOND EDITION

This dictionary provides helpful and incisive definitions which together create a commentary on psychoanalysis. The text has been thoroughly revised, with an extended introduction, 36 new entries and an enlarged and updated bibliography. The dictionary provides clear definitions of the terms used in Freudian psychoanalysis and other schools of thought, discusses these terms in full - their origins, their connections with other concepts, the issues raised by them and the controversies surrounding them, and gives the correct definitions of terms that are commonly misused by the media and the public, such as trauma, depressive, psychopath and schizophrenic.

1995 • 0140513108
256 pages • £8.99



The Uncanny

A NEW TRANSLATION BY DAVID MCLINTOCK WITH AN INTRODUCTION BY HUGH HAUGHTON

Screen Memories/Leonardo da Vinci and a Memory of his Childhood/Family Romances/Creative Writers and Daydreaming/The Uncanny

'Freud ... ultimately did more for our understanding of art than any other writer since Aristotle' **Lionel Trilling**

The major pieces here explore the vivid but seemingly trivial childhood memories that often 'screen' far more uncomfortable desires; the links between literature and daydreaming – and our intensely mixed feelings about things we experience as 'uncanny'.

2002 • 0141182377
240 pages • £9.99



The Schreber Case

TRANSLATED BY ANDREW WEBBER WITH AN INTRODUCTION BY COLIN MACCABE

'The memoirs of Schreber and Freud's analysis of them ... still speak to our most abiding problems' **Colin MacCabe**

In 1903, Judge Daniel Paul Schreber, a highly intelligent and cultured man, produced a vivid account of a nervous illness dominated by the desire to become a woman, terrifying delusions about his doctor, and a belief in his own special relationship with God. Eight years later, Freud's penetrating insight uncovered the unacceptable impulses and feelings Schreber had about his father, which underlay his extravagant symptoms.

2002 • 0141183810
96 pages • £6.99



The Psychopathology of Everyday Life

TRANSLATED BY ANTHEA BELL WITH AN INTRODUCTION BY PAUL KEEGAN

'A modernist ... playing with meaning, creating a new language for the idea of self' *Independent*

The Psychopathology of Everyday Life ranks among Freud's most entertaining and accessible works. Starting with the story of how he once forgot the name of an Italian painter, it brings together a treasure trove of muddled memories, inadvertent actions and verbal tangles.

2002 • 0141184035
320 pages • £8.99



Civilization and its Discontents

TRANSLATED BY DAVID MCLINTOCK WITH AN INTRODUCTION BY LEO BERSANI

Civilization and its Discontents/'Civilized' Sexual Morality and Modern Nervous Illness

'Narratives that have the colour and force of fiction' **John Updike**

In 1908 Freud produced a powerful paper on the repressive hypocrisy of 'civilized sexual morality' and its role in 'modern nervous illness'. Deepening this analysis in *Civilization and its Discontents*, he argues that 'civilized' values inevitably distort our natural aggression and impose a terrible burden of guilt.

2002 • 0141182369
144 pages • £7.99



The Joke and its Relation to the Unconscious

A NEW TRANSLATION BY JOYCE CRICK WITH AN INTRODUCTION BY JOHN CAREY

'Daring ... brilliant and convincing' **John Carey**

Why do we laugh? The answer, argued Freud in this groundbreaking study of humour, is that jokes, like dreams, satisfy our unconscious desires. *The Joke and its Relation to the Unconscious* explains how jokes provide immense pleasure by releasing us from our inhibitions and allowing us to express sexual, aggressive, playful or cynical instincts that would otherwise remain hidden.

2002 • 0141185546
288 pages • **£8.99**



The Wolfman and Other Cases

A NEW TRANSLATION BY LOUISE ADEY HUISH WITH AN INTRODUCTION BY GILLIAN BEER

'Little Hans'/ The 'Ratman'/ The 'Wolfman'/ Some Character Types Encountered in Psychoanalytic Work

'Engrossing ... Freud's narrative method gives a grandeur of scale to these histories of ordinary lives' **Gillian Beer**

When a disturbed young Russian man came to Freud for treatment, the analysis of his childhood neuroses eventually revealed a deep-seated trauma. 'The Wolfman' became Freud's most famous case. This volume also contains the case history of five-year-old Little Hans's fear of horses; the Ratman's violent fear of rats gnawing into his father and lover; and the essay 'Some Character Types Encountered in Psychoanalytic Work'.

2002 • 0141183802
384 pages • **£9.99**



Wild Analysis

A NEW TRANSLATION BY ALAN BANCE WITH AN INTRODUCTION BY ADAM PHILLIPS

'These papers represent his most significant contributions to the subject over three decades' **Adam Phillips**

This powerful volume brings together Freud's major writings on psychoanalytic method and the question of psychoanalytic technique. The fundamental concern of these works is the complex relationship between patient and analyst. Freud explores both the crucial importance of and the huge risks involved in patients' transference of their emotions on to their therapist.

2002 • 0141182423
256 pages • **£8.99**



Beyond the Pleasure Principle and Other Writings

A NEW TRANSLATION BY JOHN REDDICK WITH AN INTRODUCTION BY MARK EDMUNDSON

On the Introduction of Narcissism/Remembering, Repeating and Working Through/Beyond the Pleasure Principle/The Ego and the Id/Inhibition, Symptom and Fear

'Freud's great legacy ... brilliantly exposes the state of the psyche' **Mark Edmundson**

The essays collected in this volume explore, in Freud's uniquely subtle and accessible style, the puzzles of pleasure and morality – the enigmas of human development.

July 2003 • 0141184051
320 pages • **£11.99**



An Outline of Psychoanalysis

A NEW TRANSLATION BY HELENA RAGG-KIRKBY WITH AN INTRODUCTION BY MALCOLM BOWIE

New Introductory Lectures/An Outline of Psychoanalysis

'Freudian psychoanalysis changed the self-image of the western mind' **Roy Porter**

New Introductory Lectures (1932) and *An Outline of Psychoanalysis* (1938) take us back to Freud's own account of his theories, and his wish to be the most lucid and inspiring advocate of psychoanalysis.

July 2003 • 0141184043
272 pages • **£9.99**

